FY 2022 ANNUAL REPORT (OCTOBER 2021 - SEPTEMBER 2022)

REHAB





Table of Contents

- Patient Highlight 03
- REHAB In The Community 04
- Critical Impact Funds 05
- **REHAB** Improvements 06
- Your Gifts In Action 07
- Our Signature Events 07
- 09 Special Thank You to Our FY2022 Donors

A Message from **REHAB President and CEO**

Thank you for your partnering with us to fulfill our mission of Rebuilding Lives. Together we are accomplishing great things for our community!

Among our important achievements of Fiscal Year 2022, was the unveiling and implementation of REHAB Hospital's new Strategic Plan. Our Strategic Plan will provide us with direction and guidance from FY2022 through FY2025. The plan provides a roadmap for our growth and guides our decisions to best serve our patients, to strengthen Hawaii's healthcare infrastructure and workforce, and to solidify REHAB as an employer of choice.

REHAB was not immune to the challenges experienced by healthcare facilities across the nation during the COVID pandemic. We were faced with staffing challenges that required our teams to work incredibly hard. The required COVID precautions required us to be nimble and creative. The pandemic reinforced the importance of our mission and we are continuing the commitment to our programs and partnerships that support the development of Hawaii's healthcare workforce.

As challenging as the FY2022 was, I am proud of what we accomplished together for our patients and throughout our communities. In FY 2022, we served 7,311 patients, successfully discharging 91.3% of our inpatients to their homes or community. Together, our Hospital and clinics in Hilo, Aiea, and Nuuanu provided high quality care for communities across Hawaii. As Hawaii's only provider of hospital-level rehabilitation, we remain committed to our community and proud to provide a place where patients can stay close to home through their recovery journey.

During the year, as COVID cases subsided, we began to truly see the light at the end of the tunnel. Team REHAB was enthusiastic in returning to community events and finding new ways to support the patients and families that need our services. We were eager to take opportunities to engage and share knowledge with kupuna, community members with disabilities, caregivers, and other medical professionals.

I hope you join in my excitement for the opportunities that lie ahead. Thank you again for your support and commitment to our hospital and patients!



Apprante Nadolny ephanie Nadolny, MHA, FACHE

President & Chief Executive Officer (CEO)

A Message from **Board Chair**

This past 2022 fiscal year was a season of change as Michael W. Perry served his final year as our REHAB Hospital Foundation Board Chair. After sharing 38 years of his leadership with REHAB, we are all truly grateful for Mike's passion for the mission and his work to advance it.

I was deeply honored to be selected as the next Chairman of the Board this past March. I first joined the Foundation Board of Directors in 2007, most recently serving as the Foundation's Treasurer, and in the 16 years of serving, I have been continually inspired by the perseverance of our patients, dedication of our staff, and the generosity of donors like you. I am excited and honored to steward what came before me and continue to help lead the Foundation forward.

Thank you again for your loyal support of our mission, I look forward to doing great things together!



Chairman of the Board

A Message from **REHAB CDO**

Wow, what a year! Facing a challenging time ahead as our fiscal year began in October 2021, with the COVID-19 pandemic still an ever-present concern taxing our healthcare system and straining our communities, our REHAB team, supported by you, our loyal donors, showed true commitment as they continued working hard for our patients.

As you read on, you will see the impact of your gifts through the story of one of our patients. We also share the exciting ways our REHAB team has been engaging with our community. We introduce you to our Critical Impact Funds, including the Growth Fund, which support some of our hospital's greatest needs. Support through the Growth Fund, 'healing spaces and technology', helped to make meaningful, patient experience-improving upgrades to our facilities possible.

Your support in Fiscal Year 2022 helped us to better serve our patients while also reaching out to support more of our community. As we make our way through 2023, I am looking forward to sharing with you more of the exciting plans that REHAB has in store. We hope to see and connect with you again this year!



Chief Development Officer (CDO)

Patient Highlight Tyler Tokioka





Tyler Tokioka was typing up an email in his downtown Honolulu office in the middle of an ordinary workday when he suddenly had a sinking feeling that something was very wrong. Just hours earlier, sitting at his desk in a neatly pressed Aloha shirt, he noticed his foot was falling asleep. It was a bit uncomfortable and it left his balance a little

unstable, but he thought it was nothing too abnormal. Later, on a Zoom call, he thought his voice sounded strange, as though there was a slight slur. No one else in the meeting mentioned the change in his speech, so Tyler assumed he was mistaken. But then, trying to type the email, his left hand would not reach the correct keys. "As I tried to type the word the, I couldn't hit the letter t. That's when the lightbulb went off and I thought, 'Something isn't right,'" Tyler explained. Thinking quickly despite his growing concern, Tyler used his phone for a Google search: 'stroke symptoms'.

From his earliest days, Tyler Tokioka has held tight his values of community, giving back, and shining a positive light for others. "Growing up with the role models of my father, uncle, and grandfather," he recalled, "community service was always a strong part of our DNA." Before his stroke, Tyler

generously shared his time as a volunteer, serving on over a dozen nonprofit boards including the Japanese Cultural Center of Hawaii, Catholic Charities Hawaii, Honolulu Japanese Chamber of Commerce, Public Schools of Hawaii Foundation, and many, many more. Tyler prioritized giving his time for his community, just as he prioritized serving our Hawaii community in his role as Chairman of the Board at Island Insurance.

Just days before Christmas, as Tyler arrived at REHAB Hospital of the Pacific in a wheelchair, his busy workload, holiday plans, affected his left side since he was already and volunteer commitments all came to a grinding halt. The stroke occurred in an artery on the right side of Tyler's brain, impairing the use of the left side of his body and affecting his ability to walk. Now an inpatient at REHAB, this was clearly the time for Tyler to put himself first. However, his motivation was clear. When asked

what he focused on during his recovery, he said, "Get[ting] back to help our people at the office, our workers, our employees, family and friends, and helping to serve our community again."

It was that motivation that kept him pushing through on the hard days. Through multiple physical and occupational therapy sessions each day, Tyler regained his balance and ability to walk and worked to improve the use of his left arm and hand. He said he considered himself lucky that the stroke right-hand dominant. It's that spirit of positivity that continually shines through. Rather than getting discouraged or down at any point in his recovery, Tyler focused on simply doing his best and encouraging others. Tyler explained his mentality, saying, "The more you support each other, you create a will to keep pushing." He put



extra effort into interacting with the other patients at REHAB and keeping their spirits up.

After being referred by his physician, Tyler stayed at REHAB Hospital in inpatient care for 14 days. He then continued his progress through REHAB's Nuuanu Outpatient Clinic, where he participated in physical and occupational therapy and began neuroacupuncture sessions. "When I think about what had the greatest impact on me, it was really the people. The nurses, the physical therapists, the occupational therapists, all of them have so much attention and care for the patient," Tyler said, "They're going to push you to that point where you feel like you can't go that next step, but just keep pushing yourself. They're getting you to be as strong as possible so that when you do leave the hospital, you're in a far better place than you started."

Today, two years after his stroke, Tyler has returned to the work he loves, serving his community both at Island Insurance and in his volunteer roles. "Now that I've gone through my stroke, I know that in the event that something happens to me again... I know what REHAB does and what they can do," Tyler reflects, "I think that's the greatest comfort that you can have; in a time of need there is a place you can go to with services to help [you] get better."

Presentation

Team REHAB joined our friends at AccesSurf during the August 2022 Hawaii Visitor Industry Charity Walk to share support and raise awareness for AccesSurf- an organization that does much to provide access and opportunities for those with disabilities.

REHAB In The Community

This year, our REHAB Team enjoyed many opportunities to reconnect with our community, bringing that special REHAB-blend of rehabilitation expertise and true passion for Rebuilding Lives to all that we do. While recent years during the pandemic have limited opportunities to come together and connect, we were excited in FY 2022 to be able to get back out in the community to do more of the work we love. Read on to learn about some of the events that our REHAB staff were proud to join in support of our community!

Ukrainian Medical Professionals Tour

In July 2022, REHAB welcomed a delegation of Ukrainian medical professionals as part of the Open World professional exchange program between Eurasia and the United States. REHAB staff provided the delegation a tour of our facilities, shared about our programs and services, and demonstrated our rehabilitation

technology. The delegation will use the best practices learned at REHAB to work toward the treatment and rehabilitation of war-induced trauma.

Men's Bladder Health

REHAB team member Cheri

Teranishi-Hashimoto visited the Lanakila Multi-Purpose Senior Center to provide a free community presentation on Men's Bladder Health. Her presentation, titled "Your plumbing, your pelvic floor & YOU...", discussed common urinary problems and ways that therapy can help improve symptoms.

Oncology Nursing Society Oahu Chapter Annual Conference

REHAB's Therapy Director, Cheri Teranishi-Hashimoto, was invited to be a guest speaker during the 2022 ONS Oahu Chapter's Annual Conference. Cheri spoke during the "Optimizing Function and Quality of Life in the Oncology Population" session, where she presented the positive impact of the iCare program, a



collaborative study between REHAB and the University of Hawaii that offers personalized training to cancer survivors.

AccesSurf's Walk & Roll





Critical Impact Funds Supporting REHAB's Most Vital Needs

We truly appreciate all gifts of support for our patients and hospital! Sometimes we are asked what is the most important or greatest need of the hospital and the simplest reply comes in the form of these five recently created Critical Impact Funds. The funds support a specific area of need for our hospital and patients and collectively further our mission:



The Care Fund

Caring for Those with Few Resources

The Care Fund helps our uninsured and underinsured patients receive financial support for their care. In FY2022, REHAB provided financial assistance to over 1,100 patients and families, including under and uncompensated care at a total cost of over \$4,100,000.



The Growth Fund

Healing Spaces and Technology

As a healthcare organization with three campuses across the state, we are continually working to maintain, upgrade, and improve our facilities and equipment to better serve our patients. The Growth Fund supports renovations, construction, equipment and technology to aid our patients' recovery journey.



The Heroes Fund

Supporting Our Healthcare Heroes

This special fund works to empower and equip our dedicated REHAB Team. By supporting our healthcare workers with employee education, recognition, training, and personal protective equipment, the Heroes Fund ensures REHAB's staff is best prepared to provide high quality care.



The Renewal Fund Healing the Spirit and Body

REHAB's comprehensive approach to patient care focuses on the healing of a whole person- body, mind and spirit. The Renewal Fund supports programs like Art Therapy, Recreational Therapy, Pet Assisted Therapy, and other Patient Experience programs which support our patients both physically and emotionally in their recovery.



The Sharing Fund

Helping Our Community Thrive

The Sharing Fund provides support for REHAB's many community-focused programs like iCare-our research-based cancer rehabilitation program, REHAB Strong Classes, Pain Management, as well as our other community outreach, education, and support initiatives. Sharing these impactful REHAB programs with our community helps people rebuild and improve the quality of their lives.

...REHAB Improvements

One of our Critical Impact Funds, the Growth Fund, is dedicated to 'Healing Spaces and Technology'. Upgrades to REHAB facilities are always rooted in improving the experience and outcomes for our patients and for our communities. In Fiscal Year 2022, we had the opportunity to upgrade and update several of our spaces and technologies with support from our donors' contributions to the Growth Fund. Here are a few of the upgrades that are already enhancing outcomes for our patients and community:



Pool Locker Room Renovations

The locker rooms of REHAB's Beatrice Lum Luke Therapeutic Pool underwent a major overhaul this past fiscal year. The comprehensive renovation of the spaces provides enhanced safety and improved accessibility to patients participating in any of REHAB's aquatic therapy or exercise classes.



Xeriscape Garden

As part of our kuleana and being a 'good neighbor' in our island community, REHAB strives to steward resources responsibly. This year we adapted the landscape in the Weinberg Mobility Courtyard area to include a xeriscape garden with beautiful plants that require little to no irrigation.

Mahalo to the generous donors who supported these improvement projects!

Code Blue Buttons

Three locations on REHAB's Nuuanu campus were supplemented with 'Code Blue' buttons to improve response to patients' medical emergencies. The Code Blue Buttons were installed in locations that are heavily used for therapy: the Nuuanu Clinic Outpatient Therapy Gym, Cardio Therapy Room, and the Mobility Courtyard. The emergency-use buttons immediately alert REHAB staff to the location of the incident, ensuring rapid response for medical emergencies.

Summary of **Support**

Fiscal Year 2022 Total Donations: \$2,470,440.27

Support for Critical Impact Funds: \$1.350.065

Care Fund \$102.430

Caring for those with few resources

Growth Fund \$21,126

Healing spaces

Heroes Fund \$1.176.924

Supporting our

Sharing Fund \$47.935

Helping our community thrive

Renewal Fund \$1.650

Healing the spirit

Your Gifts In Action Fiscal Year 2022 (OCTOBER 2021 - SEPTEMBER 2022)

7,311 Total Lives Impacted

1,355 patients admitted to REHAB Hospital

5,956 patients received care at REHAB's Physicians Clinic and 3 Outpatient Clinics

91.3% of inpatients were discharged to their home or community

About Our **Patients** *these figures represent inpatient diagnoses



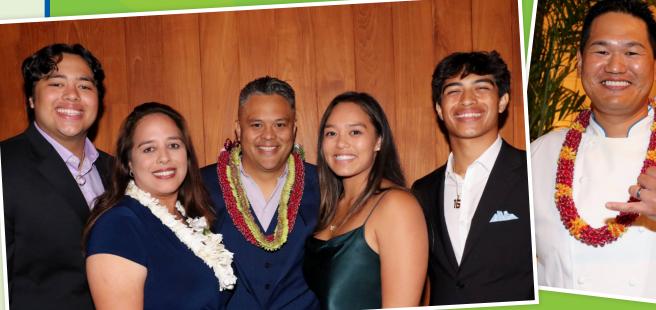


Our Signature **Events**

The Joy of Food & Wine

On May 6, 2022, we eagerly welcomed donors and friends back to our first in-person Joy of Food & Wine event since the start of the pandemic. Hosted at Halekulani, guests experienced the dazzling creations of Chef Shaden Sato, paired with Southern Glazer's Wine and Spirits' fine wines expertly chosen by Warren Shon. Thank you to our Event Chair, Dr. Laurie Tom, her event committee, our title sponsors Clyde & Holly Kaneshiro and Stanford & Kathy Carr, and all of the generous supporters who contributed to this special event; your efforts raised \$291,145 for the REHAB Hospital!





28th Annual First Hawaiian Bank-REHAB **Golf Challenge**



Golfers from across our community joined us at the Hawaii Prince Golf Club on October 27, 2022 for the 28th Annual FHB-REHAB Golf Challenge. A day filled with competition, camaraderie, and fun, the event featured a shotgun start, followed by delicious treats as golfers made their way around the course, courtesy of Paradise Beverages, Murphy's Bar and Grill, Rainbow Drive-In, El Chino Loco, Sodexo, and Meadow Gold. After lively competition, golfers came together to dine, receive awards, and celebrate the REHAB mission. Mahalo to our event co-chairs, Neill Char & Buzz Wo, our gracious sponsors, participants, and all who helped make this event so impactful, bringing in \$190,500 to support REHAB and our patients!

Special Thank You to Our FY2022 Donors!

ORGANIZATIONS

\$200K+

McInerny Foundation

\$100K+

ABC Stores/ Kosasa Foundation Maurice & Joanna Sullivan Family Foundation

\$25K+

First Hawaiian Bank LGA Family Foundation Mamoru & Aiko Takitani Foundation, Inc. Nan, Inc.

\$10K+

Atlas Insurance Agency Foundation Electricians, Inc. Jean and William K.H. Mau Foundation Matson Navigation Company Mike Utley Foundation Stanford Carr Development, LLC The Pettus Foundation The Poha Fund The Shidler Family Foundation UHA Health Insurance

\$1K+

Accuity LLP Alexander & Baldwin Inc. Carrier Hawaii Castiglione A Casauria Foundation City Mill Company, Ltd./Chung Kun Ai Foundation Danny Kaleikini Foundation Edward Enterprises, Inc. Edwin S. N. Wong Foundation Finance Factors Foundation Frank F. Woodford & Katharine L. Woodford Memorial Trust Friends of Hawaii Charities, Inc. Gentry Homes, Ltd. Gloria Kosasa Gainsley Fund of the Hawaii Community Foundation Grace & Richard Okita Foundation

Halekulani

Hansen Distribution Hawaii Hotel Industry Foundation Hawaiian Telcom HawaiiUSA FCU Foundation HC&D, LLC HMSA Honolulu Star-Advertiser Hung Wo & Elizabeth Lau Ching Foundation IBEW Local Union 1186 ILS dba American Medical Response Island Insurance Co., Ltd. I. Kadowaki, Inc. Ihamandas Watumull Family KAI Hawaii, Inc. KMH. LLP Kobayashi, Sugita & Goda, LLP Koga Engineering/Construction, Inc. Laborers' International Union of North America, Local 368 Manson Products Co., Inc. Margaret Zane Bruhn Designated Fund MC3 Architects, LLC Mitsunaga Construction, Inc. Morgan Stanley Murphy's Fund of the Hawaii Community Foundation Oceanit Pacific Cost Engineering, LLC Pacific Rainbow Foundation Pono Stone LLC R. M. Towill Corporation Rehab Associates of the Pacific Robert and Betty Wo Foundation Ronald N. S. Ho & Associates, Inc. S. Saito Family Charitable Fund Servco Pacific Inc. Sodexo Healthcare Steven C. Ai Charitable Gift Fund Sueda & Associates, Inc. The Michael B. Wood Foundation The Queen's Health Systems WCIT Architecture, Inc.

World of Aloha. Inc.

Xerox Corporation

\$500+

Big Island Candies Landscape Hawaii, Inc. Larry & Beatrice Ching Foundation Louise and Y T Lum Foundation See Dai Doo Society Wayne & Naomi Hirata Foundation

\$250+

Ken's Auto Fender, Ltd. St. Augustine by the Sea Church

\$10K+

Walter A. Dods, Jr. Frank K. Hamada Lawrence Johnson Clyde & Holly Kaneshiro The Honorable Wilson and Janice Luke Loo Jay & Wallette Shidler Stanley H. Young

\$1K+

Roy-Alan & Sharon Anne Agustin John & Janice Arizumi Gene C. Armacost Paul & Janice Casey Paul & Sharon Chai Kevin & Lannice Chang Neill & Liz Char Wilbert & Queenie Chee William & Brenda Chee Schuyler & Marilyn Cole William & Lori Crowley Michael Dau H. Mitchell & Barbara Ann D'Olier David & Lori Dung Stephen & Adelia Dung Judith Flanders Guy & Susan Fujimura Dwayne Fujitani

Keith & Allison Gendreau Art Gladstone Garret & Liane Hayashi Julie G. Henderson Ronald & Joan Hiraoka Heidi Ho Arnold K. Honda Keith Horita George & Vicky Irion Michael & Sandy Irish lennifer Isobe Laura L. Jones Anna Kajiwara Ryan Chun & Kara M. Kitazaki-Chun Carol S. Koga Alton & Susan Kuioka Duane & Susan Kurisu Calvin & Mee Ouai Loo Bryan Luke Peter & Joanie Lung Jennifer Macaraeg Lynne Kimoto Madden Ernest & Theresa Malterre Stephen Marcuccilli Sharlene Luke Mau Megan Mayer Robert & Sandra McFarlane Glenn K. Miyataki Bruce & Joy Morimoto Riki S. & Karen S. Morimoto June Murakami Stephanie Nadolny Ray & Bobbi Nakagawa Bronson & Ululani Nauka Russell K. Nishimoto Aaron & Michelle Ogata Raymond & Tiare Ono Henry F. Pang Nigel Pentland Frances & Ken Perrott Michael W. & Vickie L. Perry

INDIVIDUALS

Michael & Judy Pietsch Mark & Sheri Robison Linda E. Ross Dale Ruff Edwyn & Sylvia Saiki Gerald & Mae Saito Charles B. Salmon, Jr. Glenn & Margie Sexton Kazumi & Esther Shigezawa Warren & Doreen Shioi Iwao William & Adrienne Shiraki Myron & Karen Shirasu Arleene D. K. Skillman Jeffrey R. Stone John & June Sullivan Paul & Robi Sunahara Maria Sung Galen & Billie-Ann Takahashi Valerie L. Tam Raymond J. & Audrey T. Tam Nick & Helene Teves Laurie K.S. Tom Allen B. Uyeda Dung Vo Patrick & Fanny Vyas Wah Gai Wong Christopher Wong Jerry Wu Susan Yamada Wesley K. Yamamoto Patrick & Santa Marie Yim Robin & Lillian Yoshimura Robert Yu

\$500+

Audrey Ahana Richard & Ethel Anbe Dennis Arakaki Ken Asato Marvin & Audrey Awaya

Bevanne Bowers Gay Calosso lill Chavez Clint & Suzy Churchill Richard H. Cox Luke & Ginny Doroshenko Lee Ann Errett Eric & Loretta Fukunaga Alvin & Karen Fuse Vicki Gaynor Viola Gjelsteen Vern & Michele Goettsch Brien Hallet Charles & Helen Higa Walter & Janet Hironaka Melanie H.F. Holt & Tim Bostock Margaret Honbo Dana K. Izumi Robert & June Ko Anna Kazuko Koide Mary Kondo Denis & Diantha Leong Eileen K. Lota Kevin K. Lui & Elna M. Masuda Gina Maeda Caluya Anthony & Jasmine Magnesi Susan K. Miura Marjory A. Newell Gordon T. Nihei Michael & Kathleen Nohara Elaine A. Oishi Ku'uhaku T. Park Robert L. Pascua Linus C. & Stephanie S. Pauling Jean E. Rolles Barbara Saromines-Ganne Earl & Sandi Stoner Dale Tateishi Lila T. Tom Herbert & Margaret Tom

Janet Umemoto James & Judy Wilbert C. Scott & Nancy Wo Michael & Joanne Wood Jon & Stephanie Yamaguchi Glenn & Kathleen Yoshinaga William & Georgina Yuen

\$250+

Newton & Ruth Akiona Christopher Anjo Mildred S. Arucan-Masunaga Lynette Char Sarah Craven III Cristich Bob & Carol Davis Pravin & Theres Desai Patrick & Grace Duarte Rebecca Eldredge Keriann M. Ernst Francis Estabillo M. Eleanor Fahrenwald Frank P. Farm, Jr. Charlene Fernandez **Richard Fernandez** Tom & Charlotte Gleim Mildred D. Goo Michael Grossi Andrew Haines Harold & Yvonne Hashizume John & Eri Hatanaka Alvin Higashi Bernard & Carolyn Ho Cynthia Hunter Thomas & Jean Ito David & Ruby Kaneao, Jr. A. Hinano & Andrea Kaumeheiwa Alice T. Kondo Julie W. Krucky Gerald Kwock

Kent Lau Young Hee Lee Jaclyn Loo & Max Gutman Sandra Loo-Chan David & Mimi Lum John & Ann Manuel Fran and Howard Miyamoto Takeshi & Ellen Moriwaki Jean K. Myers Neil Nakai Sheryl L. Nicholson Russell & Gail Okata Jerry & Stacey Okimoto Lynette Oshima Jason Sahara Michael & Hazel Saiki James Scoggin Sherry Serrano Lisa A. Shigemura Gloria H. Shimizu Lawrence & Sandra Siu Judi Slawsky & Knut R. Peacock Alan Sofinowski Lori Suan Ivy Supattapone Henry & Betty Takara Reginald & Hinemoa Tinay Lowell K. Tom Evelyn Tsuda Sue N. Umeda Ruth R. Wakimura Qiong Wong Alden Yamane Len A. Yamauchi Cheryl Ann Young Melvyn Yukumoto



Nonprofit Org. U.S. Postage PAID Honolulu, Hawaii Permit No. 1343

REHAB's Mission

REHAB rebuilds lives together with individuals, families and communities by providing exemplary patient care services for those with physical and cognitive disabilities in Hawaii and the Pacific, utilizing a continuum of rehabilitation services that are advanced through education, technology and research.

About **REHAB Foundation**

The Rehabilitation Hospital of the Pacific Foundation was established in 1984 solely to support the Rehabilitation Hospital of the Pacific, its programs and patients. Gifts from the community allow the REHAB Foundation to enrich and enhance the rehabilitation experience for patients. Funding provides vital support for medical equipment purchases, scholarships, patient care programs and capital improvement projects all with one goal in mind: to maximize each patient's recovery.



foundation@rehabhospital.org (808) 566-3451 rehabhospital.org/foundation

to Rebuilding Lives