



New Beginnings

REHAB
Hospital *of the Pacific*



2025
CALENDAR

shared with you by **REHAB**
FOUNDATION



Group Painting by the Creative Arts Program

New Beginnings, 2023

New Beginnings depicts interpretations of REHAB's outdoor space and the native flora of Hawaii. The piece represents the joy, healing and empowerment the members of the Creative Arts Program experienced during their collaborative creative process.

ABOUT REHAB'S CREATIVE ARTS PROGRAM

REHAB's Creative Arts Program is a community of individuals who support and encourage one another on their healing journeys. Participants build new artistic skills and confidence all while making meaningful connections with others who can relate to their experiences.

For over 30 years, the Creative Arts Program has been a celebrated resource for the community that REHAB serves.



JANUARY						
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FEBRUARY						
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MARCH						
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APRIL						
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MAY						
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JUNE						
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JULY						
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20	21	22	23	24	25	26
27	28	29	30	31	1	2

AUGUST						
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31						

SEPTEMBER						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

OCTOBER						
S	M	T	W	TH	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
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NOVEMBER						
S	M	T	W	TH	F	S
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30						

DECEMBER						
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

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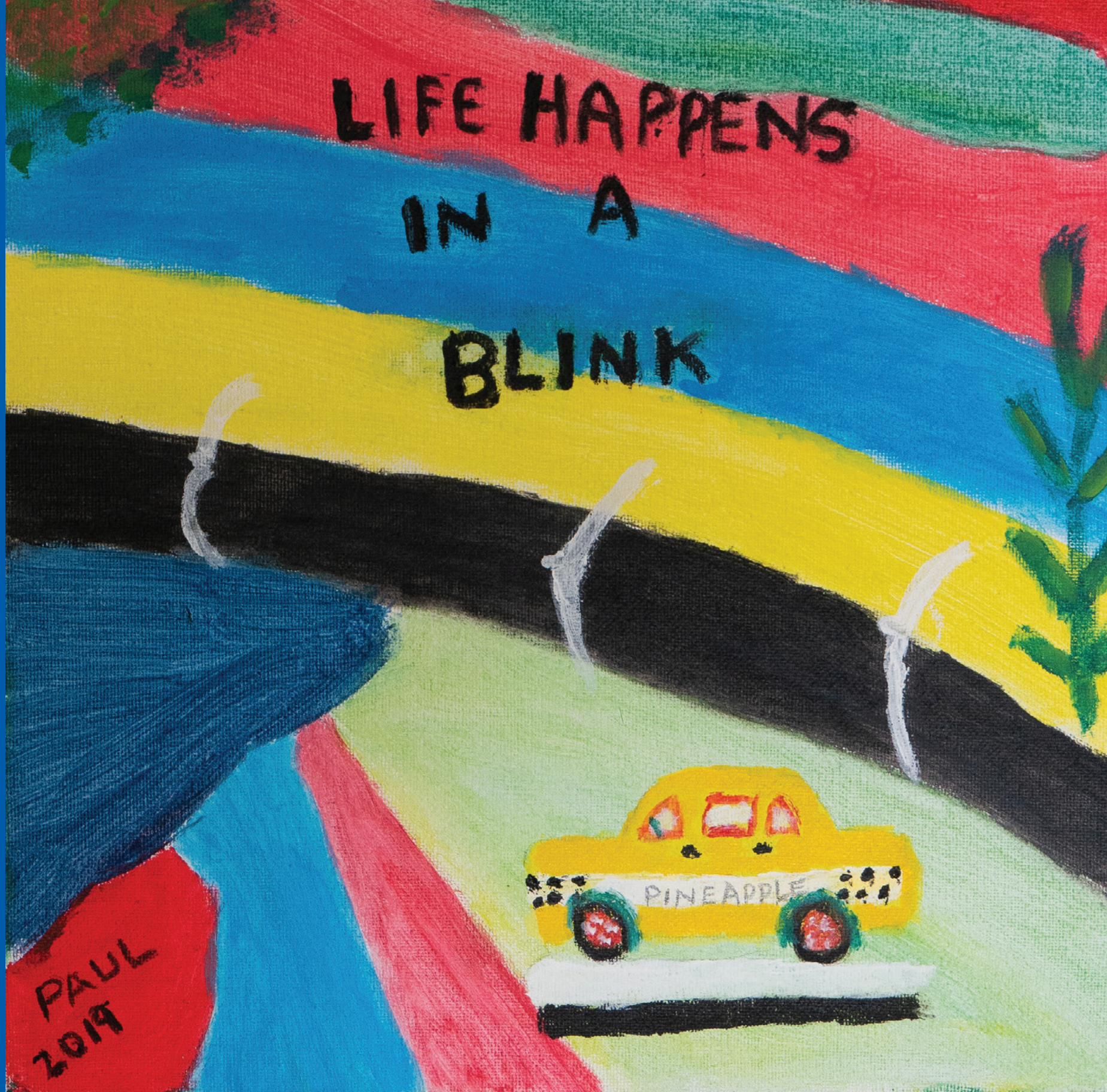
Paul DelaCruz

Stroke Survivor
Big Island

Don't Blink, 2019

For Paul DelaCruz, REHAB's Creative Arts Program is a constructive outlet that helps take his mind off of his change in abilities due to his stroke. The program's community is a helpful resource for support and encouragement on his recovery journey.

When painting, Paul draws inspiration from his life and loves that the program gives participants the creative freedom to, "paint whatever your heart desires."



JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
		NEW YEAR'S EVE	NEW YEAR'S DAY			
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
	MARTIN LUTHER KING JR. DAY					
26	27	28	29	30	31	1

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Tracey Saiki

Stroke Survivor
Honolulu

Hearts, 2017

Hearts is a testament to the hard work and healing that Tracey Saiki has experienced at REHAB. The piece was painted using both hands: her right hand which she lost much of the function of due to her stroke, and her left hand which she had to retrain to be her dominant hand. The resulting work is a representation of both Tracey's physical and cognitive progress at REHAB.



FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 <small>VALENTINE'S DAY</small>	22
23	24 <small>PRESIDENTS' DAY</small>	25	26	27	28	1

**NATIONAL RECREATIONAL
THERAPY MONTH**

National Recreational Therapy Month celebrates and raises awareness about the benefits of recreational therapy. From gardening to rock climbing, the recreational therapy program at REHAB incorporates patients' passions into their recovery so they can continue to engage in activities that bring fulfillment to their lives.

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Carrie Talwar

Stroke Survivor
Honolulu

Beautiful Butterfly,
2020

REHAB's Creative Arts Program is a source of peace and connection for Carrie Talwar. As a stroke survivor, Carrie found that painting is a relaxing process that encourages her to find joy in the little things and explore her creativity. The inspiration for Carrie's painting came to her when she caught sight of a butterfly landing atop a flower.



MARCH

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24 ST. PATRICK'S DAY	25	26	27	28	29
30 NATIONAL DOCTORS' DAY	31					

BRAIN INJURY AWARENESS MONTH

Brain Injury Awareness Month raises awareness about brain injuries, specifically traumatic brain injuries (TBI). REHAB provides comprehensive and individualized plans for TBI patients that use an interdisciplinary team approach and work closely with patients and their families/caregivers.

NATIONAL DOCTORS' DAY

National Doctors' Day honors physicians' dedication, skill and unwavering commitment to providing high-quality health care to individuals and communities worldwide. Today, we celebrate REHAB's psychiatrists who help patients overcome impairments, restore physical functionality and increase patients' quality of life.



Elsie Hu

Stroke Survivor
Honolulu

Mandarin Ducks,
2024

Elsie Hu's time in the Creative Arts Program has made her more aware of the beauty in her surroundings and given her a fun way to strengthen her fine motor skills. When painting, Elsie looks to nature and her own life for unique colors, shapes and textures that she can replicate. *Mandarin Ducks* was inspired by her friends that have been married for over 60 years. In the wild, mandarin ducks mate for life and seeing a pair is thought to be a sign of good luck and loyalty.



OCCUPATIONAL THERAPY MONTH

Occupational Therapy Month celebrates occupational therapists (OT) who help people with injuries, illnesses and disabilities improve their ability to perform daily tasks. REHAB OTs creatively incorporate patients' lifestyle goals and interests—like cooking, shopping, fishing and more—into their treatment plans.

LIMB LOSS AND LIMB DIFFERENCE AWARENESS MONTH

Limb Loss and Limb Difference Awareness Month is an opportunity to celebrate wins, share encouragement and hear stories of our community members with limb loss or limb differences. REHAB is proud to offer not only inpatient and outpatient services for people with limb loss or differences, but also support groups and specialized community events.

NATIONAL VOLUNTEER WEEK

National Volunteer Week serves as a reminder to thank healthcare volunteers for their commitment and compassion for patients, staff and the community. From therapy assistance to the Creative Arts Program and special events, REHAB's volunteers are an important part of our team.

A P R I L

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 <small>TAX DAY</small>	23	24	25	26
VOLUNTEER Week						
<small>EASTER SUNDAY</small> 27	28	29	30	1	2	3



Grace Fujii

Parkinson's Disease
Honolulu

The Lighthouse,
2022

Grace Fujii has loved art since she was very young, but it wasn't until she joined the Creative Arts Program that she consistently pursued her passion for drawing and painting. Not only has the program sharpened her skills, but she's also found great friendship with her fellow artists and instructors. Each week she looks forward to the camaraderie and fun of the program's sessions.



NATIONAL STROKE AWARENESS MONTH

National Stroke Awareness Month raises awareness about the signs and risks of strokes as well as health and lifestyle advice for stroke prevention. REHAB's Stroke Support Group is a monthly opportunity for stroke survivors and their families to gather and support one another.

NATIONAL NURSES WEEK

National Nurses Week recognizes and celebrates the hard working nurses at REHAB and beyond. REHAB's nursing team plays an integral part in making our mission a reality for Hawaii's community. They provide exceptional care and support that allows our patients to focus on their rehabilitation therapies and get back to living their lives to the fullest.

NATIONAL SPEECH-LANGUAGE PATHOLOGIST DAY

National Speech-Language Pathologist Day recognizes the important work of speech-language pathologists (SLPs). REHAB's SLPs work with patients to regain their speech and/or ability to swallow.

M A Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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4	5	6	7	8	9	10
	NURSES Week					
	CINCO DE MAYO					
11	12	13	14	15	16	17
MOTHER'S DAY						
18	19	20	21	22	23	24
NATIONAL SPEECH-LANGUAGE PATHOLOGIST DAY						
25	26	27	28	29	30	31
	MEMORIAL DAY					

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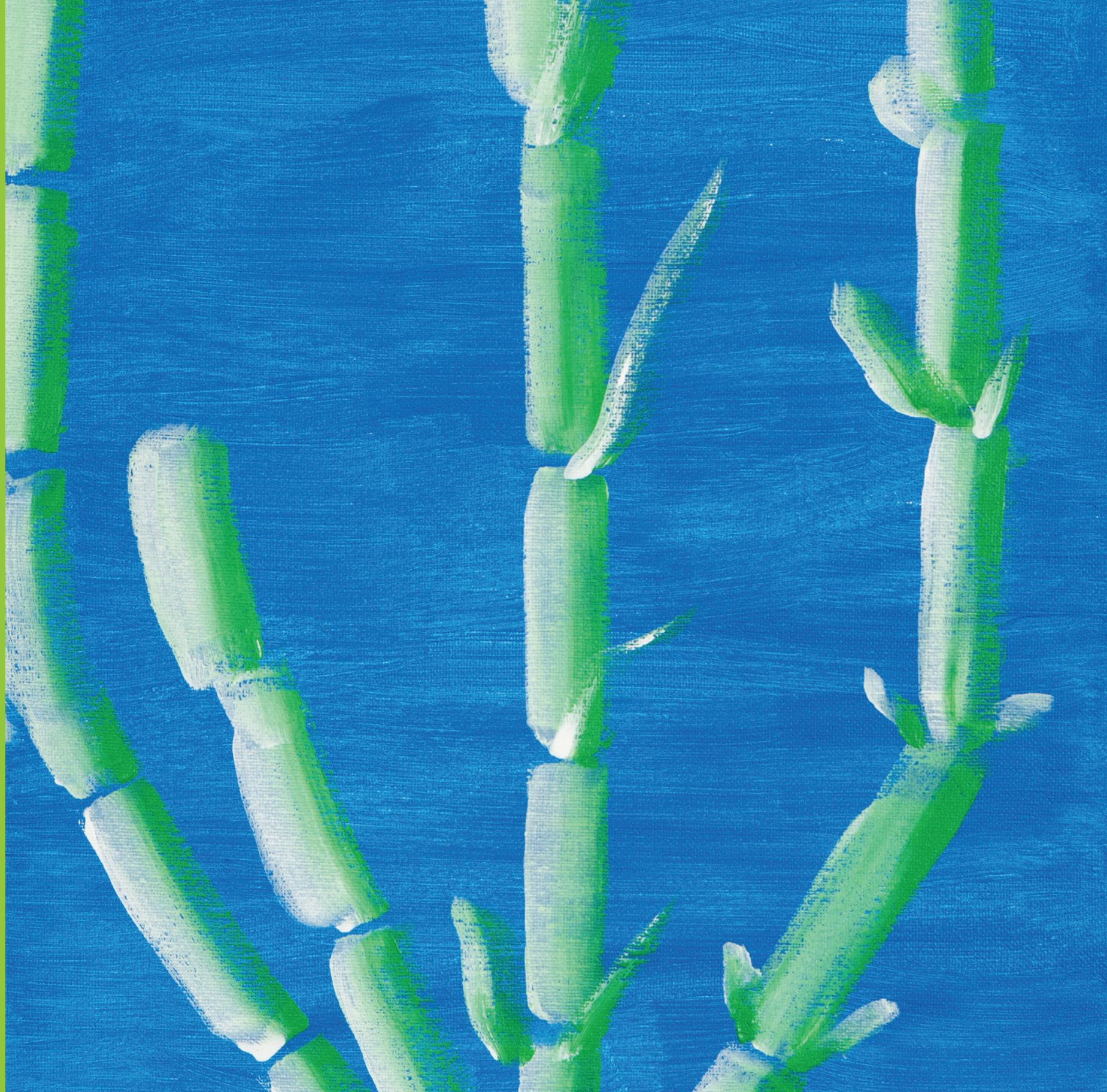


*Michael
Montayre*

Stroke Survivor
Ewa Beach

Bamboo 1, 2024

Michael Montayre's time in the Creative Arts Program has helped him rebuild coordination after his stroke and provides a welcoming space to socialize with other members of the community. Michael draws inspiration from mana and focuses on having fun when creating at REHAB. *Bamboo 1* captures the light and unmistakable shape of the resilient bamboo plant through Michael's eyes.



J U N E

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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15	16	17	18	19	20	21
FATHER'S DAY				JUNETEENTH		
22	23	24	25	26	27	28
29	30	1	2	3	4	5
					INDEPENDENCE DAY	

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In Loving Memory
*Belle Mona
Lisa Alvarado,
aka Lisa*

Smile!, 2024

Lisa is remembered at REHAB for many things including her positive attitude, vibrant smile, determination, strength, courage and her genuine kindness that made everyone she met feel special and welcomed. She was the epitome of aloha and a valued member of REHAB's community.



J U L Y

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2	3	4	5
					INDEPENDENCE DAY	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28	29	30	31	1	2

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Thanh Huynh

Stroke Survivor
Vietnam

Access to Your
Ability, 2024

Thanh Huynh found an inspiring and supportive community in her peers at REHAB's Creative Arts Program. For her, the program is a safe space where she can calm her mind and soul, and enjoy the company of friends who uplift her on her recovery journey.



AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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S. Montgomery

Orthopedic Injury
Honolulu

I AM REHAB - IMUA, 2024

S. Montgomery found relief from her pain and stress in the Creative Arts Program with the help of the teacher, volunteers and friends in the program. The support Montgomery has received from this community is represented by the members of the canoe pictured—both Team REHAB and the artist are depicted paddling together and moving forward (imua).

Though previously apprehensive about expressing herself through art, Montgomery has found her creative voice and now looks to painting as a therapeutic practice for her mind, spirit and soul.



S E P T E M B E R

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

31	1	2	3	4	5	6
	LABOR DAY					
7	8	9	10	11	12	13
14	15	16	17	18	19	20
			<i>REHAB Week</i>			
21	22	23	24	25	26	27
28	29	30	1	2	3	4

NATIONAL SPINAL CORD INJURY AWARENESS MONTH

National Spinal Cord Injury Awareness Month aims to educate the public about spinal cord injuries, improve support and honor the courage of those living with spinal cord injuries. REHAB employs a roster of innovative technology specifically designed to assist with spinal cord injury rehabilitation.

NATIONAL REHABILITATION AWARENESS WEEK

National Rehabilitation Awareness Week recognizes the dedication and outstanding services provided by rehabilitation professionals. At REHAB, we celebrate all week long with special awards and events to thank Team REHAB for their commitment to rebuilding lives.

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Danny Daniels
Stroke Survivor
Kailua
Party Cat, 2011

As is evident in Danny Daniels' whimsical *Party Cat*, the artist looks to lighthearted humor for inspiration when painting. Danny has been a member of the Creative Arts Program since 2011 and has greatly enjoyed getting to know the other members of the community over the years. To Danny, art is all about creativity and following whatever inspiration sparks his interest. Cheers, *Party Cat!*



OCTOBER

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
					HALLOWEEN	

NATIONAL PHYSICAL THERAPY MONTH

National Physical Therapy Month recognizes the important work of physical therapists as well as the benefit of physical therapy for the public. Physical therapists at REHAB are trained specifically to help patients affected by stroke, traumatic brain injury, spinal cord injury, complicated orthopedic cases, amputations and more.

NATIONAL BREAST CANCER AWARENESS MONTH

National Breast Cancer Awareness Month aims to promote screening for and prevention of the disease. REHAB's iCARE program is the first and only cancer rehabilitation program in Hawaii.

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Wayne Abe

Osteogenesis Imperfecta
Honolulu

Blue Crane, 2024

As a member of the Creative Arts Program for over 20 years, Wayne Abe still looks forward to meeting up with his friends every week, challenging his skills and practicing creativity. Wayne views art as a creation of one's feelings and often looks to his own emotion for inspiration. *Blue Crane* highlights the birds that are beloved for their beauty and seen by many around the world as a symbol of bravery.



NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
					HALLOWEEN	
2	3	4	5	6	7	8
		ELECTION DAY				
9	10	11	12	13	14	15
		VETERANS DAY				
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30					THANKSGIVING DAY	NATIVE AMERICAN HERITAGE DAY

CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) AWARENESS MONTH

COPD Awareness Month aims to improve treatment for the disease and educate the public about COPD. REHAB's Pulmonary Recovery Circuit Program is specifically designed to help participants with COPD and other respiratory illnesses build confidence in their breathing and increase stamina as well as overall fitness.



Mika Tomita
Joint Pain
Japan
Lemuria, 2024

Mika Tomita uses art as a way to express her unconscious message. When drawing and painting, her mind is only focused on the act of creating, not on the joint pain that initially brought her to REHAB. This is how *Lemuria* was created—by immersing herself in the process and letting her imagination run free.



D E C E M B E R

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3
			CHRISTMAS EVE	CHRISTMAS DAY		
			NEW YEAR'S EVE	NEW YEAR'S DAY		



About **REHAB Hospital of the Pacific**

The Rehabilitation Hospital of the Pacific (REHAB) is the only acute-care rehabilitation hospital in Hawaii. For over 70 years, REHAB has been dedicated to helping survivors of serious injuries and illnesses rebuild their lives with the help of specially designed programs, advanced technology and an interdisciplinary approach to care. As a leader in physical medicine and rehabilitation services, REHAB's goal is to maximize the recovery potential of our patients so they can return home sooner and get back to doing the things they love to do.

For more information, visit rehabhospital.org.

About **REHAB Hospital of the Pacific Foundation**

The Rehabilitation Hospital of the Pacific Foundation (REHAB Foundation) was established in 1984 solely to support the Rehabilitation Hospital of the Pacific, its programs and patients. Gifts from the community allow the REHAB Foundation to enrich and enhance the rehabilitation experience for patients. Funding provides vital support for medical equipment purchases, scholarships, patient care programs and capital improvement projects all with one goal in mind: to maximize each patient's recovery.

 @REHABHospitalPacific
 @REHABhospital



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